

nood

food for soul



nood

food for soul

MENU



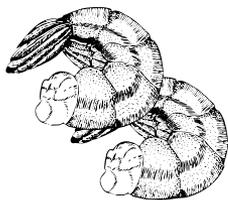
STARTERS

Chicken or Vegetable Gyozas (3/5 pcs) 3,75€ / 5,25€ 

*steamed japanese raviolis served
with soy sauce and garlic*

Nood Cheese Melts 4,75€

*deep fried breaded edam cheese
served with sakana mayo*



Ebikatsuo (2/4 und) 4,15€ / 7,35€

*deep fried breaded prawns
served with sakana mayo*

Spring Roll 3,25€ 

*vegetarian spring rolls served
with sweet chilli sauce*

Thai Yakitori 3,65€

*chicken skewers marinated
on coconut milk*

Edamame 3,85€ 

*steamed soy beans seasoned
with flor de sal (spicy option)*

Pork Gua Bao 3,25€

*steamed Thai bread with chashu pork,
hoisin sauce and Japanese pickles*

Vegetarian Gua Bao 3,25€ 

*steamed thai bread with edamame purée,
lollo rossa lettuce, hoisin sauce and Japanese pickles*

Tebasaki 3,25€

*fried chicken wings marinated in garlic
and sesame oil, served with sweet chilli sauce*

RICE



Cha Han 8,95€

jasmine rice sautéed in wok with egg, chicken, shrimp, chorizo and vegetables, seasoned with Nood's soy sauce

Vegetable Cha Han 8,75€

jasmine rice sautéed in wok with egg and vegetables, tofu steak, seasoned with Nood's soy sauce

Chicken Bibimpap 8,85€

jasmine rice with chicken, pickles, sautéed mushrooms, pak choi, spring onion, sesame seeds and fried egg

Salmon Teriyaki Don 9,85€

jasmine rice and seared salmon fillet, served with Teriyaki sauce and sautéed vegetables

CURRY

Yellow Curry with Katsuo Chicken 9,85€

deep fried breaded chicken breast served with jasmin rice and salad

Green Curry with Seafood 10,40€

thai green curry with coconut milk, vegetables and seafood served with jasmin rice

Red Curry with Chicken 9,75€

thai red curry with coconut milk, vegetables and chicken with jasmin rice



NODDLES

WOK

Yaki Soba 8,95€

fresh homemade noodles sautéed in wok with egg, chicken, shrimp and vegetables, seasoned with nood's soy sauce, garnished with sesame seeds, fried onion and beni shōga

Vegetable Soba 8,95€

fresh homemade noodles sautéed in wok with egg and vegetables, seasoned with nood's soy sauce, garnished with sesame seeds, fried onion and beni shōga

Teriyaki Soba / Udon 8,95€ / 9,95€

fresh homemade noodles sautéed in wok with chicken, bean sprouts, red and yellow peppers, vegetables, served with nood's teriyaki sauce and garnished with sesame seeds

Thai Tagliatelle 8,95€

fresh tagliatelli noodles with tiger prawn, clams, coconut milk, pak choi, lime leaves, garnished with red chilli pepper flakes, chives and coriander

Udon Chashu 8,75€

udon noodles sautéed with egg, pak choi and bean sprouts, seasoned with japanese sauce and topped with pork chashu and katsuobuchi

Amai Udon 8,95€

udon noodles sautéed with pak choi, chinese cabbage, bean sprouts and roasted peanuts seasoned with tamarind sauce and topped with a tofu steak

RAMEN (BROTH)

Chicken Ramen **9,85€**

chicken broth with fresh homemade noodles, seasoned with soy sauce and flavoured with garlic, chicken breast, pak choi, bean sprouts, spring onion, fried onion, and Ajitsuke Tamago

Chicken and Chilli Ramen **9,95€**

chicken broth with fresh homemade noodles, seasoned with spicy sauce and flavoured with garlic, chicken breast, pak choi, bean sprouts, spring onion, fried onion, coriander, red chilli, lime, and Ajitsuke Tamago

Miso Ramen with Chashu Pork **9,75€**

chicken broth with fresh homemade noodles, seasoned with miso, flavoured with garlic, served with pork chashu

Vegetable Ramen **8,95€**

vegetable broth with fresh homemade noodles, seasoned with soy sauce, flavoured with garlic and served with tofu steak, bean sprouts, pak choi and spring onion

Chicken / Vegetable Gyoza Soup **7,50€**

broth seasoned with lime, flavoured with garlic, gyozas, pak choi, and Parisian mushrooms sautéed in wok (spicy option)



SALADS

Crispy Chicken Salad **7,95€**

mix salad with deep fried breaded chicken, cucumber, cherry tomato, red onion, soybeans, fried noodles, and topped with ginger sauce

Tofu Salad **7,75€**

mix salad with tofu steak, cucumber, cherry tomato, red onion, soybeans, fried noodles and topped with ginger sauce

SIDES

Sautéed Vegetables **1,50€**

vegetable mix sautéed in a wok and seasoned with soy and garlic

Salad **1,50€**

lettuce mix, tomato, cucumber and red onion, seasoned with ginger sauce

Jasmine Rice **1,50€**

cooked au naturel

Fried Rice **3,50€**

jasmine rice sautéed in wok with egg and vegetables

Soba Noodles **2,00€**

fresh noodles cooked au naturel

Udon Noodles **3,00€**

cooked au naturel

Gua Bao (und) **1,50€**

steamed bun

Chashu Pork (3 slices) **1,50€**

slow cooked pork belly

KIDS MENU

Kids Cha Han **6,00€**

Japanese fried rice with chicken, egg, carrot, corn, homemade soy sauce and fried shallots

Kids Yaki Soba **6,00€**

grilled soba noodles with chicken, egg, carrot, corn and homemade soy sauce

Mini Chicken Katsu **6,00€**

fried chicken seasoned with nood's special yakitori sauce served with rice or noodles and salad

DESSERTS

Chocolate and Almond Brownie **3,80€**

Chocolate Mousse **2,80€**

Mango or Passion Fruit Mousse **3,40€**

Vanilla Ice Cream **2,20€**



Vegetarian



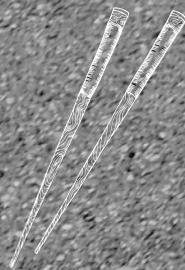
Spicy



Very Spicy

Please ask your server about our Gluten Free options.

All prices shown include VAT at the legal rate. This establishment has a complaints book.



www.nood.pt
[@nood.pt](https://www.instagram.com/nood.pt)

Nood Chiado
Rua da Trindade 14-16,
1200-468 Lisboa

Nood Campo Pequeno
Centro Comercial Campo Pequeno
Loja 605, Praça de Touros, 1000-082 Lisboa

Nood — Asian Food for Soul
Centro Comercial Vasco da Gama
Av D. João II, 1990-000 Lisboa